

Series: Balancing Life's Demands – Part 2

Scripture: Psalm 90:12

Date: November 2, 2008

HOW TO CAPTURE CONTROL OF MY TIME

We can see in scripture three habits that will help us capture control of our time and therefore help us to balance the demands of life.

1. _____ YOUR TIME

*Psalm 90:12 Teach us to number our days and recognize how few they are; **help us to spend them as we should.***

“Teach us to use wisely all the time we have.” (CEV)

A. Take time to _____ my schedule.

Ephes. 5:15-16 Be very careful, then, how you live--not as unwise but as wise, making the most of every opportunity...

You cannot save time until you _____.

Proverbs 4:26 “Know where you are headed, and you will stay on solid ground.” (CEV)

B. Take the time to _____ my schedule.

On of the important keys to budgeting your time is learning

Evaluate: 1 2 3 4 5 6 7 8 9 10

2. _____ YOUR ACTIVITIES

Proverbs 17:24 “An intelligent person AIMS at wise actions, but a fool starts off in many directions.” (GNB)

We live our lives by either _____ or _____.

Proverbs 12:11 He who works his land will have abundant food, but he who chases fantasies lacks judgment. (It is stupid to waste time on useless projects.GNB)

The key is not to _____ what's on your _____, but to _____ your _____. Stephen Covey

Proverbs 16:9 In his heart a man plans his course, but the LORD determines his steps.

*Mark 1:35-38 Simon and his companions went to look for him, and when they found him, they exclaimed: Everyone is looking for you!" Jesus replied, "**Let us go somewhere else--to the nearby villages--so I can preach there also. That is why I have come.**"*

*Luke 10:41-42 "Martha, Martha," the Lord answered, "you are worried and upset about many things, but only one thing is needed. **Mary has chosen what is better**, and it will not be taken away from her."*

Evaluate: 1 2 3 4 5 6 7 8 9 10

3. _____ THE _____

*1 Thess. 2:17-18 But, brothers, when we were torn away from you for a short time, out of our intense longing we made every effort to see you. For we wanted to come to you...**but Satan stopped us.***

Three common types of frustrations...

Three common attitudes to frustrations...

What's a better biblical attitude?

1.

2.

Philip. 2:14-15 Do everything without grumbling or complaining

3.

Galatians 5:22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,

Evaluate: 1 2 3 4 5 6 7 8 9 10