

Series: Nurturing Healthy Families – Part 2
Scripture: 1 Peter 3:1-7
Date: September 21, 2008

HELP FOR A HEALTHY MARRIAGE

Two ways a wife can help build a healthy marriage...

1. BY _____ HERSELF _____ TO HER HUSBAND.

1 Peter 3:1-2 *Wives, in the same way be submissive to your husbands so that, if any of them do not believe the word, they may be won over without words by the behavior of their wives, when they see the purity and reverence of your lives.*

Why does he say “in the same way”?

To submit means to _____ arrange your rank _____ another person.

Titus 2:3-5 *Likewise, teach the older women to be reverent in the way they live... Then they can train the younger women to love their husbands...and to be subject to their husbands...*

Col. 3:18 *Wives, submit to your husbands, as is fitting in the Lord.*

Christian wives are to be submissive to their husbands in order to be a _____ for the Lord!

2. BY FOCUSING MORE ON HER INNER _____ THAN ON HER OUTER _____.

1 Peter 3:3 *Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight.*

Real beauty comes from the hidden person of the _____; it isn't something you wear or put on the outside - it is something _____.

1 Peter 3:5-6 For this is the way the holy women of the past who put their hope in God used to make themselves beautiful. They were submissive to their own husbands, like Sarah, who obeyed Abraham and called him her master. You are her daughters if you do what is right and do not give way to fear.

Two ways a husband can help build a healthy marriage...

1. BY BEING _____ TO HIS WIFE

1 Peter 3:7a Husbands, in the same way be considerate as you live with your wives...

To be considerate means to live with your wife in an _____ way.

Willard Farley - *The five greatest needs of a wife are...*

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2. BY TREATING HIS WIFE WITH _____

1 Peter 3:7b Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.

How to encourage a healthy self-esteem in your wife?

- Give value to what they _____!
- Give value to how they _____!
- Give value to what they _____!

1 Peter 3:7c Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.