

Scripture: Mark 4:35-41
Date: November 4, 2007

HOW TO BE FREE FROM FEAR

Jesus says the antidote to fear is _____!

Here are three steps to take in order to help increase your faith ...

1. A _____ IN MY LIFE!

Mark 4:35-37 *That day when evening came, he said to his disciples, "Let us go over to the other side." Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. **A furious squall came up, and the waves broke over the boat, so that it was nearly swamped.***

John 16:33... "In this world you will have trouble!"

2. A _____ GOD'S _____ WITH ME!

Mark 4:38 **Jesus was in the stern, sleeping on a cushion.** The disciples woke him and said to him, "Teacher, don't you care if we drown?"

Habakkuk 1:2 *How long, O LORD, must I call for help, but you do not listen? Or cry out to you, "Violence!" but you do not save?*

Habakkuk 1:5 *"Look at the nations and watch--and be utterly amazed. For I am going to do something in your days that you would not believe, even if you were told."*

John 14:18,25-27 *I will not leave you as orphans; I will come to you...All this I have spoken while still with you. But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things... Peace I leave with you; my peace I give you. I do not give to you as the world gives. **Do not let your hearts be troubled and do not be afraid.***

Psalms 118:6-7 *The Lord is with me; I will not be afraid. What can man do to me? The Lord is with me; he is my helper.*

3. A _____ GOD'S _____ to OVERCOME MY PROBLEM!

Mark 4:39-41 *He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. He said to his disciples, "Why are you so afraid? Do you still have no faith?" They were terrified and asked each other, "**Who is this? Even the wind and the waves obey him!**"*

Luke 1:37 "For nothing is impossible with God."

Ephesians 3:20 *Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.*

2 Timothy 1:12 "I know whom I have believed".