

Series: God's Answer to Your Needs – Part 7

Scripture: Matthew 6:13

Date: August 12, 2007

### HOW TO OVERCOME TEMPTATION

Matthew 6:13 "Lead us not into temptation but deliver us from the evil one."

1 Corinthians 10:13 (Good News) "Every temptation that comes your way is the kind that normally comes to people. But God keeps His promises and He will not allow you to be tempted beyond your power to resist. At the time you are tempted he will give you the strength to endure it and so provide you with a way out."

#### **1. REFUSE TO BE**

Ephesians 6:10-11 "Be strong in the Lord and in His mighty power. Put on the full armor of God so you can take your stand against the devil's schemes."

#### **2. REQUEST**

Psalm 50:15 "Call to me when trouble comes. I will save you and you will praise me."

Matthew 26:41 "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

Hebrews 2:18 Because [Jesus] himself suffered when he was tempted, he is able to help those who are being tempted.

Hebrews 4:15-16 "Jesus had the same temptations we do though he never once gave into them and sinned. So let us come boldly to God and find grace to help in our time of need."

#### **3. REFOCUS YOUR**

James 1:14-15 "Each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death."

Romans 8:5 Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

Proverbs 4:23 "Be careful how you think. Your life is shaped by your thoughts."

#### **4. YOUR STRUGGLE TO A**

Ecclesiastes 5:9-10 (Good News) "Two are better than one, because together, if one falls down the other can help him up. But if someone is alone and falls there is no one to help him up."

James 5:16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

#### **5. RESIST THE**

James 4:7 Submit yourselves, then, to God. Resist the devil, and he will flee from you.

Ephesians 6:11,13 Put on the full armor of God so that you can take your stand against the devil's schemes... Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Psalm 119:11 says "How can a young man keep his way pure? By living according to your word."