

Series: God's Answer to Your Needs – Part 4
Scripture: Matthew 6:11
Date: July 22, 2007

THE ANTIDOTE TO ANXIETY

Proverbs 12:25 *An anxious heart weighs a man down....*

Philippians 4:6 (LB) *"Don't worry about anything; instead pray about everything; tell God your needs."*

Matthew 6:11 *"This is how you should pray. . . Give us today our daily bread."*

Three keys to overcoming worry...

1. ASK FOR GOD'S _____

"Give us today our daily bread."

You do not have because you do not ask God!
James 4:2

- If we _____ as much as we _____
we'd have a lot less to worry about!

Ask and it will be given to you... Matthew 7:7

God is the source of all life. . . Num. 16:22 (GN)

Every good and perfect gift is from above. James 1:17

- God is my source of...
Wisdom (Ps. 36:9) Strength (Isa. 48:5)
Happiness (Ps. 43:4) Hope (Rom. 15:13)
Peace (Rom. 15:33) Patience (Hosea 15:5)
Salvation (Heb. 5:9) Encouragement (Rom 15:5)

2. REMEMBER GOD'S _____

"Give us today our daily bread."

God will supply all that you ever need from his glorious resources in Christ Jesus. Phil. 4:19 (Ph)

- God promises to supply all of our _____ not all of our _____!

"Don't worry at all about having enough food and clothing . . . our heavenly Father already knows perfectly well that you need them, and He will give them to you if you give him first place in your life. . ." Matt 6:32-33 (LB)

"Since God didn't spare even his own Son for us but gave him up for us all, won't he also surely give us everything else?" Rom. 8:31-32 (LB)

3. TRUST GOD'S _____

"Give us today our daily bread."

- Waiting requires _____ !!

He humbled you, causing you to hunger and then feeding you with manna . . . to teach you that man does not live on bread alone but on every word that comes from the mouth of the LORD. Deuteronomy 8:3

"Don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time." Matt. 6:34 (LB)

"If you were asked by your son for bread, would you give him a stone? How much more likely is it that your heavenly Father will give good things to those who ask him?" Matt. 7:11